Master Kang's Martial Arts
November Newsletter 📰

Strong Kicks. Kind Hearts. Unstoppable Spirits

November is a month to celebrate gratitude and the little things that makes us stronger. At our taekwondo school, progress isn't measured only by the color of your belt. It's measured by the choices you make, the people you encourage , and the determination you show when something gets tough.



THE INVISIBLE BLACK BELT

This month we are celebrating the Invisible Black Belt – the character we build every time we step onto the mat and every time we step back into the world

Can you earn an invisble black belt this november ?

Respect : Listen the first time and show respect to others.

Courage : Try something new,even if it feels difficult.

Perseverance : Keep going when a technique takes extra practice.

Kindness: Help a classmate

Self-control : Take a breath before reacting when you are angry or frustrated.

CHOOSE ONE QUALITY



TO PRACTICE EVERYDAY

COMING UP AT THE DOJO

MARK YOUR CALENDAR

LOW & HIGH BELT TESTING

Thursday, November 12th

TIME	Belt Rank
5:30 - 7:00	Yellow & Red
7:30 - 9:00	Black Stripe



⇦ Full uniform Required

Friday, November 13th

TIME	Belt Rank
5:30 - 6:30	TOT White & Green/S
6:50 - 7:50	TOT Blue/S, Red/S, Black/S, Orange/S, Purple/S

Saturday, November 14th

TIME	Belt Rank
10:30 - 11:50	Yellow/S & Green/S
12:00 - 1:00	White
1:00 - 2:30	Break Time
2:30 - 4:30	Black Belt Star Test
5:30 - 6:00	Black Belt Ceremony (2026 May Testers)

- NO REGULAR CLASSES on these Days!
- Green/S Belt and up Sparring gear required! Sparring first, wear your gear first.
- Testing paper due date: By Nov, 7th



BELT TEST LOCATION: [MKMA Allen] 945 W Stacy Rd #100, Allen, TX 75013

MKMA will be closed for Thanksgiving from November 25th to 28th 2026.

A little holiday break,
A lot to be thankful for

Black Belt Ceremony will be held on November 14th for May 2026 Testers.



This is an Invitation only Event. Please keep an eye out on your email.

SCHEDULE CHANGE UPDATE

PLEASE MAKE A NOTE OF THE SCHEDULE CHANGE FOR PLANO LOCATION

MKMA MASTER KANG'S MARTIAL ARTS *Plano Location

MKMA WEBSITE!

Effective Start Date : Monday, November 2nd 2026

2300 McDermott Rd, Plano, TX 75025 (Suite 500)

Text or Call us: (972)747-7300

Email us: plano@masterkangmartialarts.com

My studio App (School code: MKMAPLANO)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:50 ~ 4:30pm	Green & Blue Stripe & Blue & Red Stripe (Kids & Adults)	Staff Training	4:00 ~ 4:30pm TIGER TOTS	White & Yellow Stripe & Yellow & Green Stripe (Kids & Adults)	Staff Training	9:40 ~ 10:20am Green to Bodon (Kids & Adults)
4:30 ~ 5:10pm	4:30 ~ 5:00pm TIGER TOTS	Red to All Black Belts (Kids & Adults) Gloves Required	White & Yellow Stripe & Yellow & Green Stripe (Kids & Adults)	4:40 ~ 5:10pm TIGER TOTS	Green & Blue Stripe & Blue & Red Stripe (Kids & Adults)	
5:10 ~ 5:50pm	White & Yellow Stripe & Yellow & Green Stripe (Kids & Adults)	5:10 ~ 5:40pm TIGER TOTS	Black Belt Program (5 ~ 9 years old) Nunchuck Required Black Belt Program Only	Sparring (5 ~ 8 years old) Sparring Gear Required	Red to All Black Belts (Kids & Adults)	10:20 ~ 10:50am TIGER TOTS
5:50 ~ 6:30pm	Red & Black Stripe & Bodon (Kids & Adults)	White & Yellow Stripe & Yellow & Green Stripe (Kids & Adults)	Green & Blue Stripe & Blue & Red Stripe (Kids & Adults)	Board Breaking (5 ~ 8 years old)	5:50 ~ 6:20pm TIGER TOTS	11:00 ~ 11:40am White & Yellow Stripe & Yellow & Green Stripe (Kids & Adults)
6:30 ~ 7:10pm	All Black Belts (Kids & Adults) Gloves Required	Green & Blue Stripe & Blue & Red Stripe (Kids & Adults)	Black Belt Program (10 and 11 years old) Nunchuck Required Black Belt Program Only	Sparring (9 and 10 years old) Sparring Gear Required	White & Yellow Stripe & Yellow & Green Stripe (Kids & Adults)	11:40 ~ 12:20pm All Black Belts (Kids & Adults) Gloves Required
7:10 ~ 7:50pm	Leadership Master Program Only	Master Program Sword and Sparring Gear Required Master Program Only	Red & Black Stripe & Bodon (Kids & Adults)	Board Breaking (9 and 10 years old)	Board Breaking (11 years old and up)	12:20 ~ 1:00pm DEMO Master Program only
7:50 ~ 8:30pm	Elite Demo Invite Only	All Belts (Teen & Adults)	All Black Belts (Kids & Adults) Gloves Required	Black Belt Program & Master Program BBP & MP Only	Sparring (11 years old and up) Sparring Gear Required	2:00~ 3:30pm Birthday party Contact the office!
8:30 ~ 9:10pm	All Belts (Teen & Adults)	Fight Club ! (Teen & Adults) Gloves, Head, Chest & Shin gear Required	All Belts (Teen & Adults)	All Belts (Teen & Adults)		

Birthday Party

For Non-Master Kang's Martial Arts members : $499.00 (Offical members FREE Birthday party)

The party includes: 1.Tae Kwon Do Lesson / 2.Tae Kwon Do Demonstration / 3.Cake Cutting Ceremony with a Samurai Sword / 4.Board breaking

Let's contact the office! (First - come, first - served basis)

https://masterkangmartialarts.com/class-schedule/

THANKFUL HEARTS , STRONG PARENTS

Behind every student is a team cheering them on – parents, grandparents, siblings, instructors and friends.

This Thanksgiving season, we invite our students to share – what you're thankful for ?

Drop a note in the box by the front desk, and we'll feature a few every month.

This starts from November 1st 2026.



What you're thankful for?

OUR DOJANG, OUR FAMILY

November photo challenge :

Share a picture of yourself practicing your Taekwondo values outside the dojo – helping at home, encouraging a friend, or a trying soemthing new.

Send a photo to our MKMA email address –
plano@masterkangmartialarts.com or
allen@masterkangmartialarts.com





📸STAY CONNECTED WITH US

Want to see what's happening at Master Kang Martial Arts beyond the dojo? Follow us on social media for class highlights, student achievements, martial arts tips, special events, and more!

Facebook – Stay updated with school news, events, and photos.
Instagram – Enjoy class moments, student highlights
YouTube – Watch martial arts tips, tutorials, demonstrations.

Follow, like, and subscribe to stay connected with our MKMA family!

Plano – FacebookPlano
Allen – FacebookAllen

Plano – InstaPlano
Allen – InstaAllen

https://www.youtube.com/@MasterKangsMartialArts

🙏 THANK YOU, MKMA FAMILIES 🙏

Remember, every black belt was once a beginner. Every expert made mistakes. Every Strong person had moments when they wanted to quit but chose to try again.

This November,let's focus on becoming better teammates, kinder friends and more confident version of ourseleves.

Your belt shows what you've learned. Your character shows who you're becoming.

Keep Kicking. Keep growing. Keep being awesome !









