



Master Kang's Martial Arts October Newsletter 📰

Spooky Season, Global Traditions & Martial Arts!

*October is here—and we're making it a month of courage, culture, community and plenty of fun! From Halloween celebrations to festivals around the world, October gives us a great opportunity to learn about different traditions while remembering the values we practice every day at MKMA: **respect, discipline, perseverance and courage.***





COMING UP AT THE DOJO

Mark
YOUR
Calendar



October 12th & 13th MKMA
will be closed for Staff
Development Day

BLACK BELT
SEMINAR #3



@ MKMA Allen Location

GET READY FOR A SPOOKTACULAR OCTOBER!

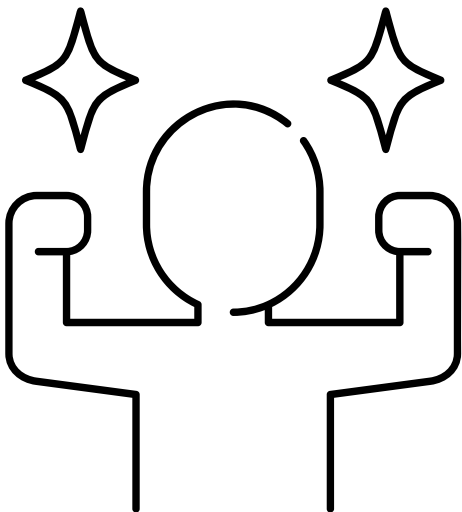
Halloween is just around the corner, and we're bringing some extra fun into our martial arts community!

Whether you're working on your kicks, practicing your forms or taking on a new challenge, remember:

 **Courage** *doesn't mean you're never scared.*

It means you keep going even when something feels difficult.

COURAGE





AROUND THE WORLD IN OCTOBER

October is filled with celebrations and traditions from many different cultures.

Let's take a quick trip around the world!

INDIA – DIWALI

Known as the Festival of Lights, Diwali is celebrated by millions of people around the world. Families come together, light lamps, decorate their homes, share food and sweets, and celebrate new beginnings.



MKMA Connection:

In martial arts, we're always working toward becoming a better version of ourselves. Just like a light can brighten a room, our actions can make a positive difference in the lives of others.

MEXICO – DÍA DE LOS MUERTOS

Día de los Muertos, or Day of the Dead, is a meaningful tradition in Mexico that honors and remembers loved ones who have passed away. Families may gather together, share stories, prepare favorite foods and create special displays to remember those they love.



MKMA Connection:

One of the most important lessons we learn in martial arts is respect—for our instructors, our families, our teammates and those who came before us.



AROUND THE WORLD IN OCTOBER

GERMANY – OKTOBERFEST

Oktoberfest is one of Germany's most famous cultural celebrations, bringing people together through traditional food, music, clothing and community festivities.

🎉 **MKMA Connection:**
Martial arts also bring people together. At MKMA, students from different backgrounds train side-by-side, encourage one another and grow together.

🇺🇸 **UNITED STATES – HALLOWEEN**

Costumes, candy, pumpkins, trick-or-treating and spooky decorations make Halloween one of the most anticipated celebrations of the year for many families.

🎃 **MKMA Connection:**
Halloween reminds us that it's okay to have fun, be creative and—of course—be a little brave!





THIS MONTH'S WORD: COURAGE

Being courageous doesn't mean that you aren't afraid.

Courage means taking action even when something feels challenging or uncomfortable.

This month, challenge yourself to show courage by:

- ☐ *Trying something new*
- ☐ *Helping someone who needs it*
- ☐ *Speaking up when something isn't right*
- ☐ *Trying again after making a mistake*
- ☐ *Encouraging a teammate*
- ☐ *Never giving up when something is difficult*



YOUR CHALLENGE:

What's one thing you can do this month that takes courage?

Tell your instructor—or share it with your family!



STAY CONNECTED WITH US

Want to see what's happening at Master Kang Martial Arts beyond the dojo? Follow us on social media for class highlights, student achievements, martial arts tips, special events, and more!

Facebook – Stay updated with school news, events, and photos.

Instagram – Enjoy class moments, student highlights

YouTube – Watch martial arts tips, tutorials, demonstrations.

Follow, like, and subscribe to stay connected with our MKMA family!



Plano – FacebookPlano

Allen – FacebookAllen



Plano – InstaPlano

Allen – InstaAllen



<https://www.youtube.com/@MasterKangsMartialArts>



THANK YOU, MKMA FAMILIES



*Thank you for allowing us to be part of your
child's journey.*

*Every class is about more than learning martial arts.
We want our students to become stronger, more
confident, disciplined and respectful individuals who
carry these lessons with them wherever they go.*

See you on the mat! 
— Master Kang Martial Arts

**THANK
YOU**