



Master Kang's Martial Arts August Newsletter

BACK TO SCHOOL, BACK TO TRAINING!

Hello Martial Arts Families!

August means new backpacks, new routines, and — if you ask us — the perfect time to start something new. As the kids head back to school, there's no better way to help them build focus, confidence, and discipline than on the mats with us.



IMPORTANT DATES

Mark
YOUR
Calendar

Star Test

August 22nd
2:00 - 4:00/4:30 pm

Black Belt Orientation

August 22nd
Starting at
4:30/5:00 pm

Black Belt Orientation will follow Star Testing. The exact time will depend on when the testing concludes. Please check your email on timing updates or changes.

BEAT THE BACK-TO-SCHOOL BURNOUT

New schedules, homework, and early mornings can add up fast for kids. Martial arts gives them a healthy outlet — a place to build focus, release energy, and gain confidence that carries over into the classroom. It's structure that actually feels fun.

Our classes teach children how to:

- ★ Stay focused in class
- ★ Listen and follow directions
- ★ Build confidence and self-esteem
- ★ Show respect to teachers and classmates
- ★ Set goals and never give up



AUGUST REMINDERS

✓ Check your class schedule as school starts.

✓ Please arrive 5–10 minutes early so students are ready to begin on time.



✓ Don't forget your uniform, belt, and water bottle!



✓ Have a scheduling conflict? Let us know—we're happy to help you find another class time.



Instructor Tip of the Month

'Confidence isn't about being fearless — it's about showing up and trying anyway. Encourage your child to bring that mindset into their first week of school too.'

MKMA YOUTUBE CHANNEL

We're on [YouTube](#)-Subscribe Now!

👉 Parents, don't forget to **subscribe** and **like** our channel to stay connected with your child's journey.

We upload new videos —from class highlights to training tips and special events. Your support helps us share the spirit of Taekwondo with our community!



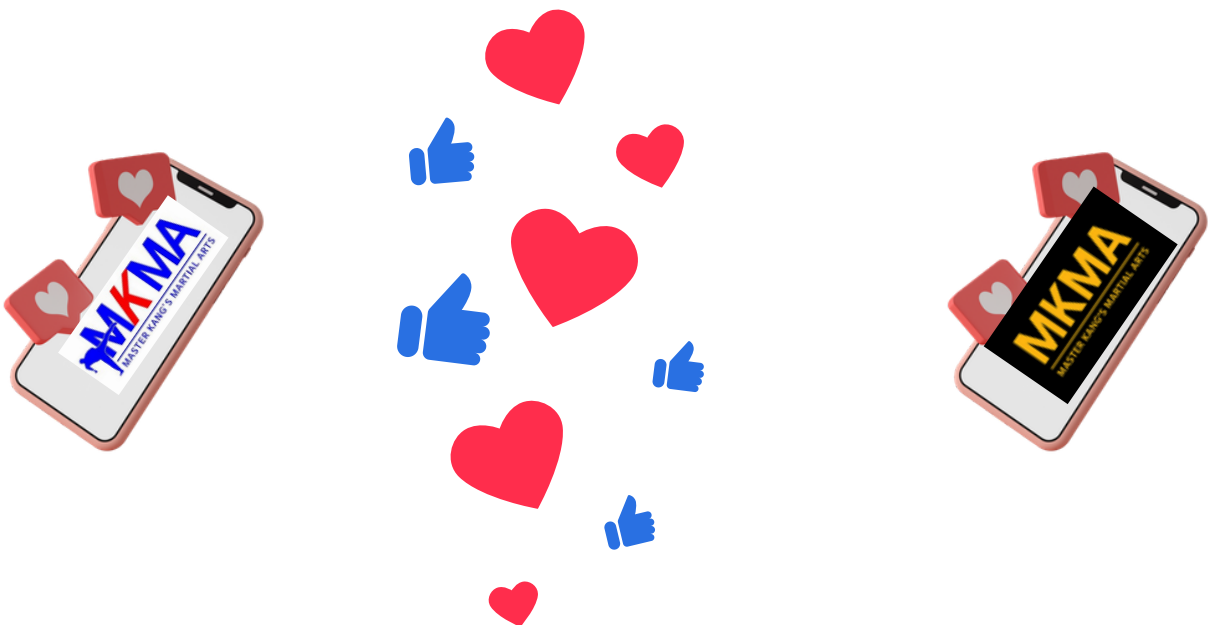
HELP OUR MKMA FAMILY GROW

If your family enjoys being part of Master Kang's Martial Arts, we would truly appreciate your support!

Please support us by:

- Following **MKMA** on **Facebook**, **Instagram**, and **YouTube**
- **Liking** or **sharing** posts that feature your child
- Leaving a positive review sharing your family's experience

Your support helps more children discover confidence, discipline, and leadership through martial arts.



PARENT CORNER

Parents often tell us they notice :

- Better focus at school
- Increased confidence
- Improved Respect and Discipline at home

Thank you for trusting us with your child's growth -
we're honored to be part of their journey.

*Explore our Facebook page by clicking
the link below!*

[MKMA PLANO](#)

[MKMA ALLEN](#)

*Explore our Instagram page by clicking
the link below!*

[INSTAMKMAPLANO](#)

[INSTAMKMAALLEN](#)



THANK YOU, MKMA FAMILIES



Thank you for being part of the Master Kang's Martial Arts family. Your support helps us create a positive environment where students can grow in confidence, discipline, and respect.

Let's continue working hard and making August another great month of training!

See you in class!

