



Master Kang's Martial Arts May Newsletter

Hello **Master Kang's Martial Arts** Families,

As we head toward summer, **May** is the perfect time to focus on building confidence. We love watching our students grow stronger not just physically but mentally too. Every class helps them develop focus, discipline and the courage to try something new.

Confidence In Action!

may



Summer Readiness

MAY - IMPORTANT DATES

All Belts Testing May 2026

ALL BELTS TESTING MAY 2026

Wed, May 13th

Time	Current Belt
05:30 - 07:00	Green Stripe Blue Stripe Red Stripe
07:10 - 08:40	Red

Thu, May 14th

Time	Current Belt
05:30 - 06:40	Green
07:00 - 08:20	Yellow Black Stripe

Fri, May 15th

Time	Current Belt
05:30 - 06:30	Tiger Tots White & Green S
06:40 - 07:40	Tiger Tots Blue S & Red S

Sat, May 16th

Time	Current Belt
10:30 - 11:30	White
11:40 - 01:00	Yellow Stripe Blue
01:00 - 02:00	Break Time
02:00 - 04:00	Star Test
05:00 - 05:30	Black Belt Ceremony

★ Plano and Allen locations, there are **NO CLASSES** on these Days!

★ **Green/S Belt And Up** : Sparring gears required (with face shield)

★ Tiger Tots will be tested in 2 groups.

Please double-check the times on your test paper!!

★ **LOCATION: [MKMA Allen] 945 W Stacy Rd #100, Allen, TX 75013**



UNIFORM IS REQUIRED

<https://masterkangmartialarts.com/events/all-belt-testing-may-2026/>



May 2nd

Black Belt Rehearsal

MAY - IMPORTANT UPDATE

Plano & Allen Classes Schedule change



Effective Start Date : Monday, May 18th 2026
 2300 McDermott Rd, Plano, TX 75025 (Suite 500)
 Text or Call us: (972)747-7300
 Email us: masterkangmartialarts@gmail.com
 My studio App (School code: MKMAPLANO)

From



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:50 - 4:30pm Green & Blue Stripe & Blue & Red Stripe (Kids & Adults)	Red & Black Stripe & Bodon (Kids & Adults)	4:00 - 4:30pm TIGER TOTS	White & Yellow Stripe & Yellow & Green Stripe (Kids & Adults)	All Black Belts (Kids & Adults) <i>Gloves Required</i>	9:40 - 10:20am Green to Bodon (Kids & Adults)
4:30 - 5:10pm TIGER TOTS	All Black Belts (Kids & Adults) <i>Gloves Required</i>	White & Yellow Stripe & Yellow & Green Stripe (Kids & Adults)	4:40 - 5:10pm TIGER TOTS	Green & Blue Stripe & Blue & Red Stripe (Kids & Adults)	10:20 - 10:50am TIGER TOTS
5:10 - 5:50pm White & Yellow Stripe & Yellow & Green Stripe (Kids & Adults)	5:10 - 5:40pm TIGER TOTS	Black Belt Program (5 - 8 years old) <i>Nunchuck Required</i> Black Belt Program Only	Sparring (5 - 8 years old) <i>Sparring Gear Required</i>	Red & Black Stripe & Bodon (Kids & Adults)	
5:50 - 6:30pm Red & Black Stripe & Bodon (Kids & Adults)	White & Yellow Stripe & Yellow & Green Stripe (Kids & Adults)	Green & Blue Stripe & Blue & Red Stripe (Kids & Adults)	Board Breaking (5 - 8 years old)	5:50 - 6:20pm TIGER TOTS	11:00 - 11:40am White & Yellow Stripe & Yellow & Green Stripe (Kids & Adults)
6:30 - 7:10pm All Black Belts (Kids & Adults) <i>Gloves Required</i>	Master Program (5 - 10 years old) <i>Sword and Sparring Gear Required</i> Master Program Only	Black Belt Program (9 and 10 years old) <i>Nunchuck Required</i> Black Belt Program Only	Sparring (9 and 10 years old) <i>Sparring Gear Required</i>	White & Yellow Stripe & Yellow & Green Stripe (Kids & Adults)	11:40 - 12:20pm All Black Belts (Kids & Adults) <i>Gloves Required</i>
7:10 - 7:50pm Leadership <i>Master Program Only</i>	Green & Blue Stripe & Blue & Red Stripe (Kids & Adults)	Red & Black Stripe & Bodon (Kids & Adults)	Board Breaking (9 and 10 years old)	Board Breaking (11 years old and up)	12:20 - 1:00pm DEMO <i>Master Program only</i>
7:50 - 8:30pm Elite Demo <i>Invite Only</i>	All Belts (Teen & Adults)	All Black Belts (Kids & Adults) <i>Gloves Required</i>	Black Belt Program & Master Program (11 years old and up) <i>BBP & MP Only</i>	Sparring (11 years old and up) <i>Sparring Gear Required</i>	2:00 - 3:30pm Birthday Party <i>Contact the office!</i>
8:30 - 9:10pm All Belts (Teen & Adults)	Fight Club! (Teen & Adults) <i>Gloves, Head, Chest & Shin gear Required</i>	All Belts (Teen & Adults)	All Belts (Teen & Adults)		

*** Birthday Party ***
 For Non-Master Kang's Martial Arts members : \$499.00 (Official members FREE Birthday party)
 The party includes: 1. Tae Kwon Do Lesson / 2. Tae Kwon Do Demonstration / 3. Cake Cutting Ceremony with a Samurai Sword / 4. Board breaking
 Let's contact the office! (First - come, first - served basis)

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30 - 5:00pm	TIGER TOTS	4:30 - 5:10pm Blue to Red (Kids & Adults)	Private Lesson	Private Lesson	4:30 - 5:10pm Green Stripe to Red (Kids & Adults)	9:20 - 10:00am Instructor Course <i>Invite Only</i>
5:05 - 5:45pm	White & Yellow Stripe & Yellow (Kids & Adults)	5:15 - 5:45pm TIGER TOTS	White & Yellow Stripe & Yellow (Kids & Adults)	Green Stripe & Green & Blue Stripe (Kids & Adults)	5:15 - 5:45pm TIGER TOTS	10:05 - 10:35am TIGER TOTS
5:50 - 6:30pm	Green Stripe & Green & Blue Stripe (Kids & Adults)	White & Yellow Stripe & Yellow (Kids & Adults)	Sparring <i>Sparring Gear Required</i>	5:50 - 6:20pm TIGER TOTS	White & Yellow Stripe & Yellow (Kids & Adults)	10:40 - 11:20am White & Yellow Stripe & Yellow (Kids & Adults)
6:35 - 7:15pm	Leadership <i>Invite Only</i>	Black Belt Program & Master Program <i>BBP & MP Only</i> <i>Nunchuck / Sword, Head Gear, Gloves, Feet Guard Required</i>	Board Breaking	6:25 - 7:05pm White & Yellow Stripe & Yellow (Kids & Adults)		11:25 - 12:05pm Green Stripe to Red (Kids & Adults)
7:20 - 8:00pm	Blue to Red (Kids & Adults)	Green Stripe & Green & Blue Stripe (Kids & Adults)	All Belts (Teen & Adults)	Blue to Red (Kids & Adults)		12:10 - 12:50pm Demo <i>Invite Only</i>
8:00 - 8:40pm	All Belts (Teen & Adults)			All Belts (Teen & Adults)		2:00 - 3:30pm Birthday Party

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<https://masterkangmartialarts.com/class-schedule/>

MEMORIAL DAY REMINDER



WE HONOR AND THANK
ALL WHO SERVE.

PLEASE CHECK THE SCHEDULE FOR
ANY MEMORIAL DAY ADJUSTMENTS.





CELEBRATING MOTHER'S DAY AT MASTER KANG'S MARTIAL ARTS

H A P P Y
Mother's Day

This month, we proudly celebrate all of the amazing mothers, grandmothers, and mother figures in our martial arts family.

Your love, encouragement, and constant support help our students grow stronger, more confident, and more successful every day.

From bringing students to class, cheering them on during testing, helping them stay consistent, and teaching valuable life lessons at home, you are an essential part of every child's journey. Behind many strong students is an even stronger mom.

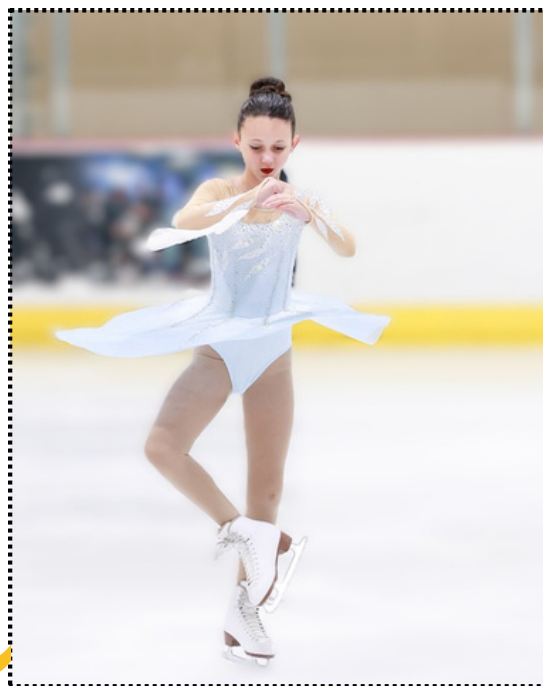
At Master Kang's Martial Arts, we are grateful for everything you do and the positive example you set for your families.

♥ Happy Mother's Day to all of our wonderful moms! Thank you for your dedication, patience, and endless support. We celebrate you this month and always.

🌟 CELEBRATING OUR STUDENTS BEYOND THE DOJANG 🌟

Following up on last month's newsletter about how martial arts can complement other sports, we're proud to spotlight one of our own students who is doing exactly that.

Meet **Sabrina Hanselka**, an outstanding Master Kang's Martial Arts student who has discovered a passion for ice skating while continuing her martial arts journey. **Sabrina** first became interested in skating after attending a friend's birthday party at the ice rink in Allen in October 2024. What started as a fun experience quickly grew into a true love for the sport. Since then, Sabrina has already competed in three ice-skating competitions, earning **1st, 2nd, and 3rd** place finishes at her level. What an incredible accomplishment in such a short time! Her family shares that the skills **Sabrina** has developed through **Taekwondo**—such as **confidence, discipline, perseverance, focus, and athletic ability**—have played a major role in helping her succeed on the ice.



Congratulations, Sabrina! Your hard work and determination are inspiring to us all.

REMINDER FOR PARENTS

A few quick reminders as we move through the summer season:

- Please arrive 5–10 minutes early for class.
- Make sure students bring their belt and full uniform.
- Continue encouraging students to practice their forms at home.



 Tip of the Month for Parents
Consistency is key!

Even attending just 2–3 classes per week regularly makes a huge difference in your child's progress, confidence, and focus.

FINISH THE SCHOOL YEAR STRONG - STAY ACTIVE THIS SUMMER

With school ending soon, kids often spend more time on screens. Martial Arts keeps them active, engaged and learning important life skills. Training during summer helps students :

- **Maintain structure**
- **Improve focus**
- **Build Confidence**
- **Stay physically active.**



Keep your child moving and motivated all summer long !!



MKMA YOUTUBE CHANNEL

We're on [YouTube](#)-Subscribe Now!

👉 Parents, don't forget to **subscribe** and **like** our channel to stay connected with your child's journey.

We upload new videos —from class highlights to training tips and special events. Your support helps us share the spirit of Taekwondo with our community!



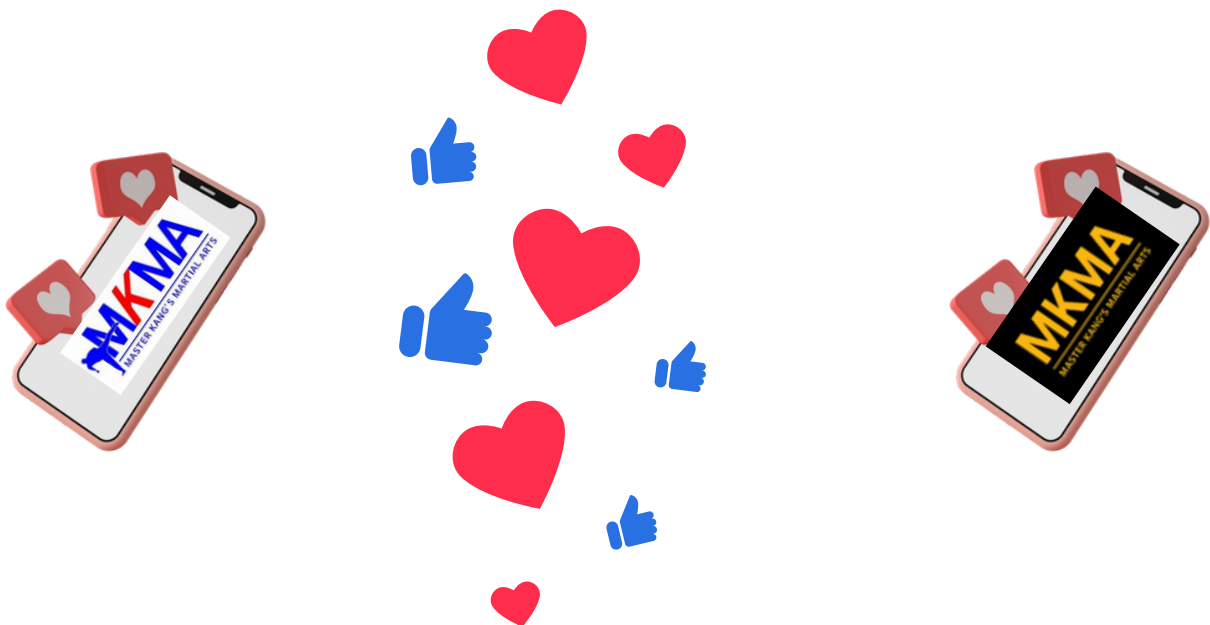
FOLLOW AND SUPPORT OUR CONTENT

We're building an even better online presence this year -more **videos**, **training tips**, and **highlights** from **class**!

Please support us by:

- Following **MKMA** on **Facebook**, **Instagram**, and **YouTube**
- **Liking** or **sharing** posts that feature your child
- Leaving a positive review sharing your family's experience

Every like, comment, and review helps our school grow!



PARENT CORNER

Parents often tell us they notice :

- Better focus at school
- Increased confidence
- Improved Respect and Discipline at home

Thank you for trusting us with your child's growth - we're honored to be part of their journey.

Explore our Facebook page by clicking the link below!

MKMA PLANO

MKMA ALLEN

Explore our Instagram page by clicking the link below!

INSTAMKMAPLANO

INSTAMKMAALLEN



THANK YOU, MKMA FAMILIES



Thank you for being part of the Master Kang's Martial Arts family. Your support helps us create a positive environment where students can grow in confidence, discipline, and respect.

Let's continue working hard and making April another great month of training!

See you in class! 

**Thank
you**