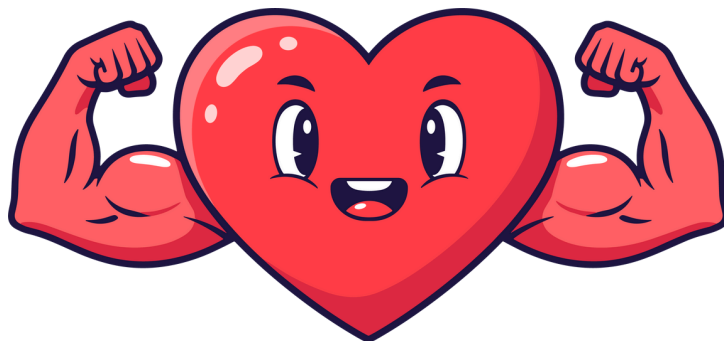




## Master Kang's Martial Arts February Newsletter 📰

Dear MKMA Families,

February is all about building **strong hearts**, confident minds and respectful leaders - both on and off the mat. As we celebrate valentine's month , our focus is on **Respect, Kindness & Confidence**, core values we reinforce everyday in class.



# FEBRUARY DATES AND IMPORTANT EVENTS



February 7<sup>h</sup>

**Black belt Star Testing**  
**From**  
**3:00 - 4:30**  
**For 1<sup>st</sup> & 2<sup>nd</sup> Black Belt**  
**Only**

February 7<sup>h</sup>

**Black belt Star**  
**Orientation**  
**From**  
**5:00 - 5:30 PM**  
**(Bodon-1st, 1st-2nd, 2nd-3rd, 3rd-4th)**

February 21st & 28th

**Black belt Seminar**  
**#1 & #2**  
**@ MKMA Allen**

**For More Details :**

**<https://masterkangmartialarts.com/events/black-belt-star-testing-1st-and-2nd-black-belts-only-black-belt-test-orientation/>**

**SPECIAL SEMINAR – LIMITED  
SPOTS AVAILABLE!**



Join us for an exciting **Special Skills Seminar** on **Saturday, February 14th**, from **2:00 PM – 4:00 PM** at our **MKMA Allen** location.

This exclusive seminar is open to **Green Belts** and above and will focus on **advanced demo** skills, **falling skills**, **extreme basics**, **rolling techniques**, and **throw skills**.

Only **30** spots available, so reserve your place early!

**Cost: \$60**

**Black Belt Program Students : \$5 Off**

**Master Program Students : \$10 Off**

**Don't miss this opportunity to train, learn, and level up  
your skills!**

## FEBRUARY CHARACTER FOCUS : RESPECT & KINDNESS

At Master Kang's Martial Arts, we teach students that true strength comes from **Respect** - for themselves , their insructors, classmates, family and community.

This month, students are encouraged to :

- Show respect through listening and effort.
- Practice kindness at home and school
- Support teammates in class

### Family Challenge :

Try doing one kind act each day as a family -  
small actions build powerful habits !



# BREAKING THE CYCLE OF BULLYING

Martial arts is about **Confidence**, not conflict.

Through training , students learn:

- How to stand tall and speak with confidence
- Self-control and discipline
- How to avoid unsafe situations responsibly.

**Confidence** is one of the best tools a child can have - and it grows with every class.



# WINTER TRAINING TIPS

**Keep your body warm, flexible, and ready for class**

- **Arrive 5–10 minutes early to stretch**
- **Bring a water bottle—even in winter**
- **Wear layers to and from class**
- **We have MKMA hoodies for students. Please reach the front office staff if your student needs one.**
- **Practice light warm-ups at home before class**
- **Stay consistent—training momentum starts now!**



# SHARE THE LOVE - TRAIN TOGETHER !

## Love Martial Arts at Master Kang's?

You can tell your friends or family members  
to try a class.

Ask our Front Desk Staff and they will  
help you with it.



# MKMA YOUTUBE CHANNEL

We're on YouTube-Subscribe Now!

☞ Parents, don't forget to **subscribe** and **like** our channel to stay connected with your child's journey.

We upload new videos every **Monday**—from class highlights to training tips and special events. Your support helps us share the spirit of Taekwondo with our community!





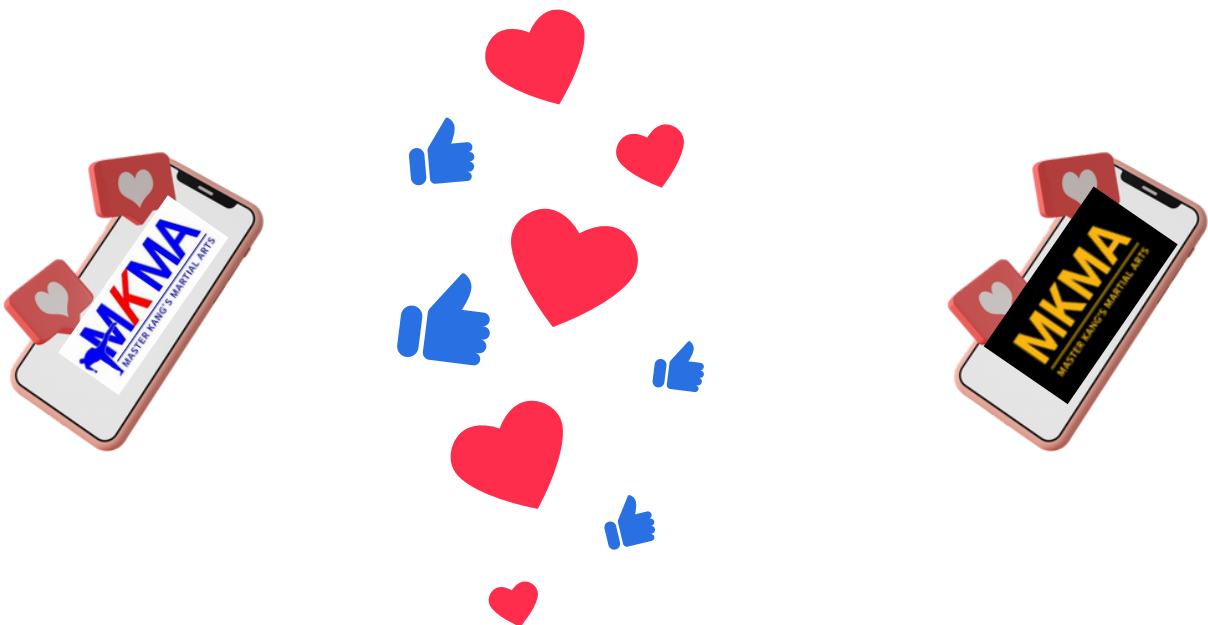
# FOLLOW AND SUPPORT OUR CONTENT

We're building an even better online presence this year -more **videos**, **training tips**, and **highlights** from **class**!

Please support us by:

- Following **MKMA** on **Facebook**, **Instagram**, and **YouTube**
- **Liking** or **sharing** posts that feature your child
- Leaving a positive review sharing your family's experience

Every like, comment, and review helps our school grow!



# PARENT CORNER

Parents often tell us they notice :

- Better focus at school
- Increased confidence
- Improved Respect and Discipline at home

Thank you for trusting us with your child's growth -  
we're honored to be part of their journey.

*Explore our Facebook page by clicking  
the link below!*

[MKMA PLANO](#)

[MKMA ALLEN](#)

*Explore our Instagram page by clicking  
the link below!*

[INSTAMKMAPLANO](#)

[INSTAMKMAALLEN](#)

# THANK YOU

Thank you for being part of Master Kang's  
Martial Arts Family.

Let's make this February month full of Respect ,  
Confidence and Growth !

*Building Strong Minds,  
Strong Bodies and Strong  
Character*

