

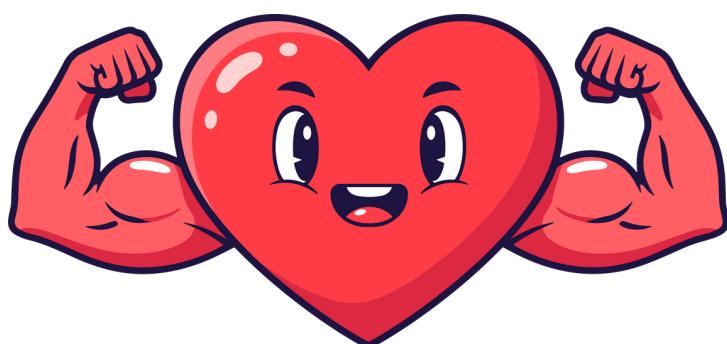


Master Kang's Martial Arts February Newsletter



Dear MKMA Families,

February is all about building strong hearts, confident minds and respectful leaders - both on and off the mat. As we celebrate valentine's month , our focus is on Respect, Kindness & Confidence, core values we reinforce everyday in class.



FEBRUARY DATES AND IMPORTANT EVENTS



February 7th

Black belt Star Testing
From
3:00 - 4:30
For 1st & 2nd Black Belt
Only

February 7th

Black belt Star
Orientation
From
5:00 - 5:30 PM
(Bodon-1st,1st-2nd,2nd-3rd,3rd-4th)

February 21st & 28th

Black belt Seminar
#1 & #2
@ MKMA Allen

For More Details :

<https://masterkangmartialarts.com/events/black-belt-star-testing-1st-and-2nd-black-belts-only-black-belt-test-orientation/>

SPECIAL SEMINAR – LIMITED SPOTS AVAILABLE!



Join us for an exciting **Special Skills Seminar** on
Saturday, February 14th, from 2:00 PM – 4:00 PM
at our **MKMA Allen** location.

This exclusive seminar is open to **Green Belts** and above and will focus on **advanced demo skills, falling skills, extreme basics, rolling techniques, and throw skills.**

Only **30** spots available, so reserve your place early!

Cost: \$60

Black Belt Program Students : \$5 Off
Master Program Students : \$10 Off

Don't miss this opportunity to train, learn, and level up your skills!

FEBRUARY CHARACTER FOCUS : RESPECT & KINDNESS

At Master Kang's Martial Arts, we teach students that true strength comes from Respect - for themselves , their instructors, classmates, family and community.

This month, students are encouraged to :

- Show respect through listening and effort.
- Practice kindness at home and school
- Support teammates in class

Family Challenge :

Try doing one kind act each day as a family - small actions build powerful habits !



BREAKING THE CYCLE OF BULLYING

Martial arts is about **Confidence**, not conflict.

Through training , students learn:

- **How to stand tall and speak with confidence**
- **Self-control and discipline**
- **How to avoid unsafe situations responsibly.**

Confidence is one of the best tools a child can have - and it grows with every class.



WINTER TRAINING TIPS

Keep your body warm, flexible, and ready for class

- Arrive **5–10 minutes early to stretch**
- Bring a water bottle—even in winter
- Wear layers to and from class
- We have MKMA hoodies for students. Please reach the front office staff if your student needs one.
- Practice light warm-ups at home before class
- Stay consistent—training momentum starts now!



SHARE THE LOVE - TRAIN TOGETHER !

Love Martial Arts at Master Kang's?

You can tell your friends or family members
to try a class.

Ask our Front Desk Staff and they will
help you with it.



MKMA YOUTUBE CHANNEL

We're on YouTube- **Subscribe Now!**

👉Parents, don't forget to **subscribe** and **like** our channel to stay connected with your child's journey.

We upload new videos every **Monday**—from class highlights to training tips and special events. Your support helps us share the spirit of Taekwondo with our community!



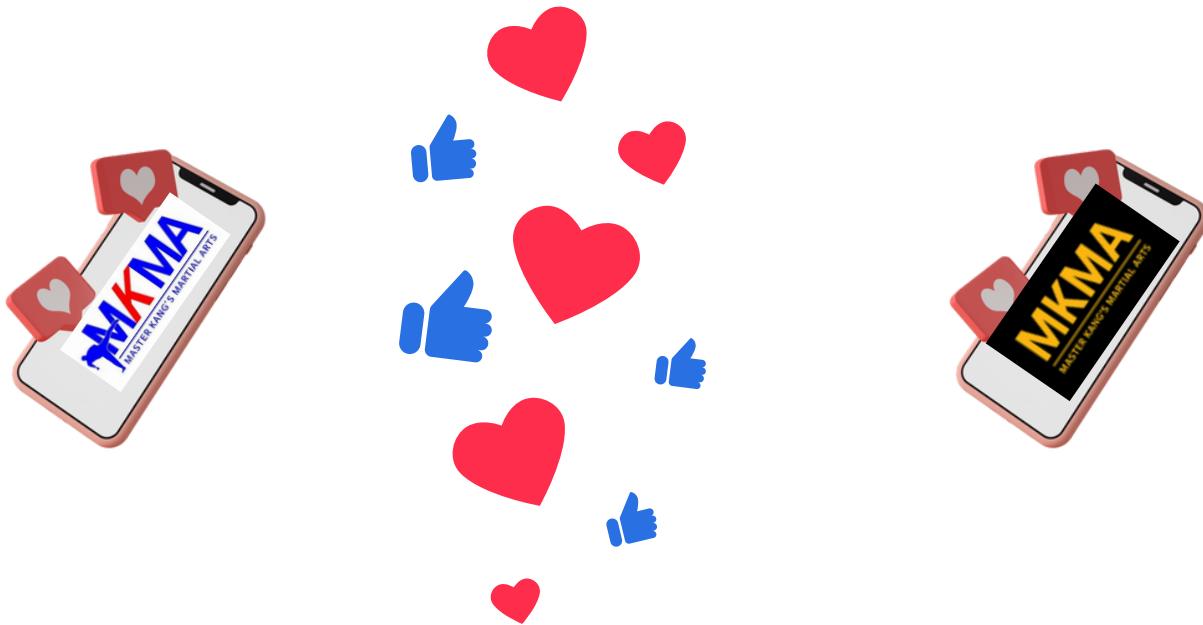
FOLLOW AND SUPPORT OUR CONTENT

We're building an even better online presence this year
-more **videos**, **training tips**, and **highlights** from **class!**

Please support us by:

- Following **MKMA** on **Facebook**, **Instagram**, and **YouTube**
- **Liking** or **sharing** posts that feature your child
- Leaving a positive review sharing your family's experience

Every like, comment, and review helps our school grow!



PARENT CORNER

Parents often tell us they notice :

- Better focus at school
- Increased confidence
- Improved Respect and Discipline at home

Thank you for trusting us with your child's growth - we're honored to be part of their journey.

Explore our Facebook page by clicking the link below!

MKMA PLANO

MKMA ALLEN

Explore our Instagram page by clicking the link below!

INSTAMKMAPLANO

INSTAMKMAALLEN

THANK YOU

Thank you for being part of Master Kang's
Martial Arts Family.

Let's make this February month full of Respect ,
Confidence and Growth !

*Building Strong Minds,
Strong Bodies and Strong
Character*

