



MASTER KANG'S MARTIAL ARTS NOVEMBER NEWSLETTER

Dear Students & Families,

November is a time to reflect on gratitude - for our families, our dojang and the growth we've achieved through training.

Every bow, every practice, every act of respect helps us become stronger both inside and out.

Let's finish the year with focus, kindness and gratitude in every kick



WHAT'S KICKING THIS MONTH

1. VALUES OF THIS MONTH

2.IMPORTANT DATES

3. HONORING OUR VETERANS

4.REFERRAL PROGRAM

5. MKMA YOUTUBE CHANNEL

6. DOJANG CHALLENGE OF THE MONTH

7. NEW STAFF INTRODUCTION

8.PARENT CORNER

VALUES OF THIS MONTH

Gratitude
changes
every
thing

RESPECT

SPREAD
Kindness

IMPORTANT DATES

BLACK BELT SEMINAR



NOVEMBER 1ST



NOVEMBER 22ND

@MKMA ALLEN LOCATION

Keep an eye on your inbox for upcoming seminar details.

LOW BELT, HIGH BELT, STAR TESTING & BLACK BELT CEREMONY



November 13th - 15th

For More Details - November Belt Testing



Please note that Master Kang's Martial Arts will be closed November 26th-29th for Thanksgiving Break.

Enjoy the holidays!!!

See you back on the mat soon!

HONORING OUR VETERANS

This Veterans Day, we take a moment to honor and thank all the brave men and women who have served in the United States Armed Forces. Your courage, dedication, and sacrifice protect the freedoms we enjoy every day.



At Master Kang's Martial Arts, we are inspired by the discipline, respect, and perseverance that our veterans embody—values that we strive to teach in every class.

TO ALL OUR STUDENTS, FAMILIES, AND COMMUNITY MEMBERS WHO
HAVE SERVED OR HAVE LOVED ONES IN THE MILITARY
THANK YOU FOR YOUR SERVICE.



REFERRAL PROGRAM

✨ MASTER KANG'S MARTIAL ARTS ✨

REFERRAL CONTEST IS BACK!

STARTING AUGUST 25TH 2025

SHARE THE POWER OF MARTIAL ARTS AND GET REWARDED!



HOW IT WORKS:

- Invite your **friends, family, or neighbors** to join **MKMA**
- When a new **family** signs up and lists YOU as their **referral...**
- Both **families** receive a **\$100 MKMA Gift Card!**

(GIFT CARDS ARE AWARDED ONE MONTH AFTER THE NEW FAMILY JOINS)

REFERRAL CONTEST

MKMA YOUTUBE CHANNEL



WE'RE ON YOUTUBE – SUBSCRIBE NOW!

👉 Parents, don't forget to **subscribe** and **like** our channel to stay connected with your child's journey.

We upload new videos every **Monday**—from class highlights to training tips and special events. Your support helps us share the spirit of Taekwondo with our community!



DOJANG CHALLENGE OF THE MONTH

WORLD KINDNESS DAY CHALLENGE(NOVEMBER 13TH)

Perform one act of **kindness** - at school, home or here in dojang - and tell your Instructor about it.

We'll be cheering for you in class and featuring you in next month's newsletter!



NEW STAFF INTRODUCTION

We're excited to introduce the some of our new members of the **Master Kang's Martial Arts family!**

Please join us in welcoming **Mr.Brendan, Instructor Ethan, Intructor Suresh & Miss Nadine**, who will be bringing their passion, energy, and experience to our classes. Be sure to say hello and make them feel at home when you see them in the dojang!



My name is Suresh, a dedicated Taekwondo practitioner with over 30 years of experience, having started my journey in 1994. I've competed successfully at both national and international levels, earning honors such as:

- Bronze Medalist - Australian Open Taekwondo Championships, 2009
 - Silver Medalist - New South Wales Open Taekwondo Championships, 2009
 - Multiple-time Champion and Representative for Tamil Nadu, India, across numerous state and regional events
- Beyond my own achievements, I've spent over two decades teaching and mentoring the next generation of martial artists—training more than 200 students, many of whom have gone on to represent their districts and states. Taekwondo is my lifelong passion, built on discipline, perseverance, and the balance of mind and body.

MEET OUR NEW STAFF

My name is Brendan Briggs. My martial arts journey began when I was a young child training in Taekwondo. Since then, I've explored jiu jitsu, boxing, wrestling, and just about every style I could find! Now that I'm part of Master Kang's Martial Arts, I continue to learn something new every day. It's my pleasure to help share the gift of martial arts with all our MKMA families!



My name is Ethan, and I've been practicing martial arts since I was 5 years old. I previously taught Taekwondo at Chang Lee's Taekwondo for four years, and I'm now excited to be part of the Master Kang's Martial Arts team. Over the years, I've worked with students of all ages and skill levels. Teaching has helped me grow not only as a martial artist but also as a leader and instructor.

I'm Nadine, an assistant instructor at MKMA. I've been training in Taekwondo since I was 17, and in a short time, it's helped me build confidence, stay active, and even manage my asthma. I love working with kids—helping them set goals, learn new skills, and have fun while growing stronger both mentally and physically!



PARENT CORNER

We love sharing our martial arts journey with you —and there's no better way to stay in the loop than by following us on our social media pages! From class updates and special promotions to behind-the-scenes glimpses and student highlights, our social media pages are the place to stay connected.

Explore our Facebook page by clicking the link below!

MKMA PLANO

MKMA ALLEN

Explore our Instagram page by clicking the link below!

INSTAMKMAPLANO

INSTAMKMAALLEN

Please take a moment to share your feedback by filling out our quick form below.

 **CLICK HERE TO GIVE FEEDBACK**

THANK YOU

💖 A SPECIAL THANK YOU TO OUR PARENTS 💖

We want to take a moment to thank all of our amazing parents for your continued support! Your encouragement, time, and dedication make a huge difference in your child's martial arts journey. From bringing them to class, cheering them on, and helping them practice at home—you are a vital part of their success.

We are truly grateful to have such a wonderful community of families here at Master Kang's Martial Arts. Thank you for being part of our dojang family!

