



MASTER KANG'S APRIL DOJANG DIGEST

Dear MKMA Family,

April is for Achievers!

Spring is here, and it's time to refresh our goals and push our training to the next level!

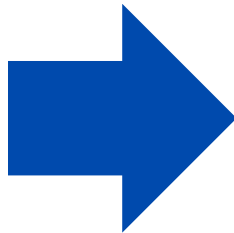
April brings new opportunities to grow, challenge ourselves, and celebrate progress. We have exciting events, belt testing updates, and special training sessions, summer camp updates lined up—so stay focused and keep kicking!

SPRING FORWARD IN STRENGTH!

Spring

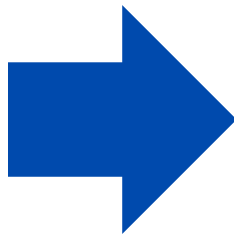


UPCOMING EVENTS

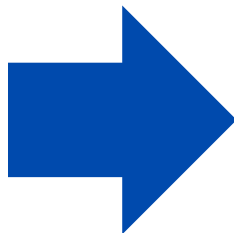


**DALLAS OPEN
INTERNATIONAL
TOURNAMENT**

For More Details



**BLACK BELT
SEMINAR #4**



**BLACK BELT
SEMINAR #5**

MARCH BELT TESTING HIGHLIGHTS



VICTORY



KICKSTART YOUR HEALTH & FITNESS

STAY STRONG, STAY HEALTHY, KEEP KICKING

April

7th



Martial Arts isn't just about self- defense - It's a full body workout that strengthens your mind and body. In honor of world health day, here are few health benefits of training at Master Kang's Martial Arts:

1. Improves Strength, flexibility and coordination.
2. Boosts heart health and endurance.
3. Reduces Stress and increases focus
4. Build confidence and mental resilience.

STUDENT SPOTLIGHT: MR.ROBERT WALLS

On World Health Day, some of our adult students have shared their personal experiences on how martial arts has positively impacted their health and lifestyle.



When Mr. Robert Walls first started Taekwondo at MKMA, he found it challenging to get through class. However, through dedication and hard work, he gradually built his stamina, lost weight, and became fitter. Taekwondo at MKMA has significantly transformed both his physical and mental health.

STUDENT SPOTLIGHT: LUX FAMILY



MEET CAROLINE LUX

Martial arts is truly a family affair for them, with **Caroline**, her husband, son, and daughter all training at MKMA.

- Her husband recently participated in the Black Belt Seminar and is actively working toward his black belt goal!
- Her son began his journey in our Tiger Tots program, successfully graduated, and is now part of the Black Belt Program (BBP).
- Her daughter, **Chloe**, is enrolled in the Master Program (MP).
- Miss **Caroline** has been training with MKMA for over a year and has found it to be a great way to reduce stress. She has noticed her arms becoming more toned, her legs growing stronger, and the workouts providing a full-body challenge. What brings her the most joy, however, is training alongside her son—together, they inspire and motivate each other as a family.

APRIL SPECIAL

MKMA REFERRAL CONTEST

NOW THROUGH MAY 17, 2025

We're excited to announce our Referral Contest, running until **May 17, 2025!** This is a great opportunity for students to share the benefits of Taekwondo character education and training with their friends and neighbors.

HERE'S HOW IT WORKS:

- ◆ Invite a friend or neighbor to try out MKMA.
- ◆ If they enroll as an official MKMA member, both you and the new member will receive a \$100 MKMA gift card!

Interested in referring someone?

They can contact us directly or provide their contact information, and we'll reach out to schedule a free trial lesson.

Start referring today and share the MKMA experience! 🥋✨

HELP US GROW!

 **Join Our Community & Help Us Inspire More Students!** 

Thank you for being part of the Master Kang's Martial Arts family! Your support helps us continue to teach, inspire, and build confidence in our students.

If you love training with us, here's how you can help our small business grow:

Follow Us on Social Media: Stay updated on class events, tips, and special promotions!  Facebook & Instagram

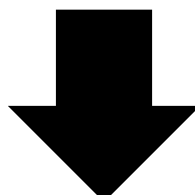
Leave a Review: Your feedback helps future students find us! Tell us about your experience.

★★★★★ Leave a Review on Google & Facebook.

Share With Friends & Family: Know someone who would love martial arts? Forward this email or invite them to a free trial class!

 Thank you for your continued support - every like, follow, and review makes a difference! 

Follow & Review Now



WE'D LOVE TO HEAR FROM YOU!

LOVE OUR CLASSES?

Follow us on Facebook, Instagram, and leave us a review on Google.

Your feedback helps us grow! If our classes have made a difference for you or your child, please take a moment to share your experience. Every review supports our small business!

Explore our Facebook page by clicking the link below!

[MKMA PLANO](#)

[MKMA ALLEN](#)

Explore our Instagram page by clicking the link below!

[INSTAMKMAPLANO](#)

[INSTAMKMAALLEN](#)

Please leave a google review by clicking the link below

[PLANO GOOGLE PAGE](#)

[ALLEN GOOGLE PAGE](#)

REMINDERS

- Please ensure all students arrive on time to classes.
- Bow upon entering and leaving the Dojang as a sign of respect.
- Shoes are not worn on the mat- please remove them before entering the mat
- Please keep an eye out for our emails for any communication regarding events and other important updates.
- Students may volunteer and enroll in classes at Allen MKMA, provided their parents have signed the required waiver.
- Students attending special classes at MKMA must wear all necessary safety gear for their own protection.
- Parents are encouraged and welcome to watch the class.It will boost the child's confidence.



Don't
Forget!

thank you

**Thank You for Being Part of the
MKMA Family!**

As we wrap up this month's updates, we want to express our gratitude for your dedication and support. Together, we continue to grow stronger as martial artists and as a community. Stay tuned for more exciting events and achievements in the coming months! Until next time, keep training hard.

See you in class!



**Warm regards,
Master Kang and the MKMA Team**